

African Powerlifting Federation Record Certificate

This is to certify that

Marieke van Linge

Of the nation

South Africa

On the 15th day of October 2023
achieved a Squat of 105kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic and Equipped Masters Powerlifting
Championships
in Ulaanbaatar, Mongolia

This constitutes an African Record
in the -63kg weight division, Classic Women's Master 2 class.
Dated this 15th day of October 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Marieke van Linge

Of the nation

South Africa

On the 15th day of October 2023
achieved a Bench Press of 52,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic and Equipped Masters Powerlifting
Championships
in Ulaanbaatar, Mongolia

This constitutes an African Record
in the -63kg weight division, Classic Women's Master 2 class.
Dated this 15th day of October 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Marieke van Linge

Of the nation

South Africa

On the 15th day of October 2023
achieved a Deadlift of 120kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic and Equipped Masters Powerlifting
Championships
in Ulaanbaatar, Mongolia

This constitutes an African Record
in the -63kg weight division, Classic Women's Master 2 class.
Dated this 15th day of October 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Marieke van Linge

Of the nation

South Africa

On the 15th day of October 2023
achieved a Total of 277,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic and Equipped Masters Powerlifting
Championships
in Ulaanbaatar, Mongolia

This constitutes an African Record
in the -63kg weight division, Classic Women's Master 2 class.
Dated this 15th day of October 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Marieke van Linge

Of the nation

South Africa

On the 15th day of October 2023
achieved a Bench Press of 52,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic and Equipped Masters Powerlifting
Championships
in Ulaanbaatar, Mongolia

This constitutes an African Record
in the -63kg weight division, Classic Women's Master 2 Bench Press
Only class.

Dated this 15th day of October 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Newton Mudau

Of the nation

South Africa

On the 15th day of October 2023
achieved a Squat of 262,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic and Equipped Masters Powerlifting
Championships
in Ulaanbaatar, Mongolia

This constitutes an African Record
in the -120kg weight division, Classic Men's Master 1 class.

Dated this 15th day of October 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton

